

*"Are you and/or your family struggling to cope with life after your cardiac arrest? With the assistance of cardiac experts and lifecoach, the aim of the meeting is to provide information and encouragement to live life to the full."*

Saturday 19th November, 1pm – 5pm. Cost £10 for individuals, £15 for couples and £20 for families

Early Bird Registration available until 31st August!

£8 for individuals, £12 for couples, and £15 for families!

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(Be advised downloading may take a moment or two)

[Online Registration!](#)

SADS UK is delighted to welcome Key Speaker Dr Amanda Varnava, Consultant Cardiologist at St Mary's Hospital to the stage where she will give a short talk about her work as a cardiologist. Together with talks from Ken Ali from the Royal Brompton and Harefield Trust, who works in Electrophysiology and lectures about devices at Middlesex University; patient Dalia Bukhari; a cardiac rehab nurse and Lifecoach and lifesaver David Edmonds; Dr Varnava will also sit on the panel to answer questions from cardiac arrest survivors and their families.